

# It's time to get yourself some *Serious Mojo!*



**Theresa Rose** Author • Speaker • Bringer of the Mojo

**THERESA ROSE** is a dynamic, funny, inspiring speaker and award-winning author of *Opening the Kimono*.



Theresa is the president of Serious Mojo Publications. She was vice president of a consulting firm, senior manager of marketing and product development for MCI Worldcom, and owner of EnergyWorks, a healing center.

- Royal Palm Literary Award Winner
- Living Now Book Award Winner
- Member of The Society for the Arts in Healthcare
- Member of Minnesota Business Women
- Member of the Midwest Arts in Healthcare Network

Theresa has been interviewed by or had articles published in *CNN.com*, *Tampa's NBC 8*, *Fitness*, *Glamour*, *Personal Excellence*, *Good Housekeeping*, *Woman's Day*, *The Manager's Intelligence Report*, and over thirty other publications.

**SERIOUS  
MOJO**  
PUBLICATIONS

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## Theresa's Keynote Programs

*Theresa offers the following customizable programs to suit your organization's needs:*

- Finding Your Mojo: The ABCs of Living in Abundance, Balance and Creativity
- Staying Calm Amid the Tempests of Change
- Manage Your Time Without Losing Your Mind

Theresa also offers several popular workshops to augment her keynote address such as "Resolving Personality Conflicts Once and For All" and "Rid Yourself of Analysis Paralysis."

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*"It was one of the best decisions we made to hire you for our annual employee event. You added exactly what our team needed to hear. It's difficult to speak to a group as diverse as ours and keep them all interested and challenged. You accomplished that!"*

**–Thomas G. Backstrom, Regional VP, Pinnacle, An American Management Services Company**

*"I am a registered nurse with 25 years experience, and I coordinate continuing education programs for fellow nursing professionals and mental health practitioners. Theresa was just the expert I was searching for! Her workshop encompassed the emotional component of illness and dysfunction, illustrating how emotional exhibitionism can be a health benefit. I highly recommend her for healthcare professionals!"*

**–Charlene Chirillo, Gulf Coast Area Health Education Center**

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